

Audio-Visual & Other Special Educators' Resources

Clearinghouses & Sources for Answering Educators' Questions

- **ANSWER (formerly Network for Family Life Education) @ Rutgers University.** 732-445-7929, Q & A-based web pages designed for adolescents, but useful to teachers as well: www.sexetc.org/
- **Facts-of-Life Line, from Planned Parenthood of Western Washington.** Talk to a trained sexuality educator Monday-Thursday, 3-6pm Pacific Time: 1-888-30-SX-ASK (307-9275). A recorded library of information is available 24 hours a day at the same number. Email: ppinfo@ppww.org
- **Go Ask Alice, from Columbia University Health Services.** Q & A-based web pages designed for college-age people, but useful to teachers as well: www.goaskalice.columbia.edu/
- **Health Educators Toolbox, from the Family Planning Program at Public Health – Seattle & King County.** Advice on answering students' questions, links for teachers and students: www.kingcounty.gov/healthservices/health/personal/famplan/educators.aspx
- **National Dissemination Center for Children with Disabilities.** 1-800-695-0285 · v/tty; www.nichcy.org
- **Office of Special Education and Rehabilitative Services at the U.S. Department of Education.** 202-245-7307 (Voice), 202-205-5637 (TTD), www.ed.gov/about/offices/list/osers/index.html
- **Planned Parenthood Federation of America.** Medical Questions: 1-800-230-7526. Teens: www.plannedparenthood.org/teen-talk, Educators: www.plannedparenthood.org/resources
- **Safe Schools Coalition.** Lesson plans, hotlines, posters, videos and background reading re: gender variant, gay, lesbian, bisexual, transgender, intersex and questioning students and harassment based on perceived sexual orientation or gender expression: www.safeschoolscoalition.org
- **SEICUS, Sex information and Education Council of the U.S.,** 212-819-9770, www.siecus.org
- **Speak Up: Safeguarding People who use Augmentative and Alternative Communication (AAC) from Sexual Abuse / Victimization:** www.accpc.ca/Speak_Up/about.htm

Bibliographies, Models, Audio-visual Materials, Books & Curricula

- **Anatomy Models for Sex Education.** Life-size three-dimensional male, female and fetal models. Particularly useful for students with visually impairments. Jim Jackson Company: 1-800-827-9063; <http://jimjacksonanatomy.com/>
- **Circles: Intimacy & Relationships I & II, Stop Abuse and Safer Ways.** Marklyn Champagne & Leslie Walker-Hirsch. Video-based curricula. Circles I and II address social distance and relationship building. Circles' Stop Abuse helps students avoid exploitation; Circles' Safer Ways addresses "AIDS and Communicable Disease Prevention". James Stanfield Publishing. \$1,999. for all four curricula. 1-800-421-6534; www.stanfield.com/ **Other resources from James Stanfield Publishing:**
 - **DateSmart 1 and 2.** Video-based curricula focus on abstinence and boundaries.
 - **Janet's Got Her Period.** Video package addresses the problems of menstrual management for lower-functioning special needs girls and young women.

- **Life Horizons I & II.** Slide-based sex education program for persons with developmental and learning disabilities.
- **LifeFacts.** Seven programs teach sexuality, abuse prevention, AIDS, avoidance, managing emotions, trust issues, substance abuse prevention and wellness.
- **Teaching Sexuality to Developmentally Disabled Youth. What Do I Say? How Do I Say It?** Specific suggestions, tips, and ideas for effectively teaching youth with developmental disabilities about sexuality topics, from ReCAPP, ETR's Resource Center for Adolescent Pregnancy Prevention: <http://recapp.etr.org/recapp/index.cfm?fuseaction=pages.EducatorSkillsDetail&PageID=96>
- **Human Sexuality: A Portfolio for Persons with Developmental Disabilities.** Ten color plates with artist illustrations specifically designed for teaching developmentally disabled teens and adults about human sexuality. Teaching points listed on the back of each card. \$24.95. Planned Parenthood of the Great Northwest. This title is currently out of print. If you would like to be notified when a revised edition is available, please email education@ppgnw.org
- **The Life Cycle Curriculum.** Easy to use lesson plans designed for special education students. www.lifecycleeducation.com, email: LCEconsultants@verizon.net 301-576-5833, Contact person: Kay Tolle, Life Cycle Education Consultant, PO Box 7218 Silver Spring, MD 20907
- **The Prepare Curriculum: Teaching Prosocial Competencies,** Dr. Arnold P. Goldstein, Research Press Company. \$39.95. 800-519-2707; www.researchpress.com/product/item/5063/
- **Sexuality across the Lifespan for Children and Adolescents with Developmental Disabilities,** DiAnn L. Baxley and Anna L. Zendell for the Florida Developmental Disabilities Council. Revised 2011. An instructional manual for educators of individuals with developmental disabilities. Downloadable at no cost: www.fddc.org/publications. More information: 800-580-7801 or algze@yahoo.com. See also:
 - Instructional Manual for **Educators** of Individuals with Developmental Disabilities: www.albany.edu/aging/IDD/documents/teacherworkbook.pdf
 - Instructional Manual for **Parents** of and Individuals with Developmental Disabilities: www.albany.edu/aging/IDD/documents/parentworkbook.pdf
 - Life Span Holistic Sexuality Education for Children and Adolescents with Developmental Disabilities: An Annotated **Resource List**: www.albany.edu/aging/IDD/documents/FDDCAnnotatedResourceList.pdf
 - Life Span Holistic Sexuality Education for Children and Adolescents with Developmental Disabilities: Sexuality **Policy and Procedures**: www.albany.edu/aging/IDD/documents/PolicyGuidelinesv2.pdf
- **Sexuality: Your Sons and Daughters With Intellectual Disabilities** by Karin Melberg Schwier and David Hingsburger, **ISBN-10:** 1557664285, **ISBN-13:** 978-1557664280
- **Signs for Sexuality: A Resource Manual for Deaf and Hard of Hearing Individuals, their Families, and Professionals, 2nd Edition.** Marlyn Minkin and Laurie Rosen-Ritt. \$24.95. Contains vocabulary terms and photos showing signed words and phrases dealing with sexuality terms. Planned Parenthood of the Great Northwest. More info: 206-328-7715. To order: www.plannedparenthood.org/ppgnw/files/Great-Northwest/PPGNWSignsforSexualityOrderForm.pdf
- **Talk to Me! Guides to help parents and young people interview each other about sex, love and life.** Barb McGuire and Beth Reis. These two-booklet sets provide a fun and easy way for parents to initiate conversations about feelings and beliefs with their children or teens. \$2.50/set - discount for 20 sets or more. Planned Parenthood of the Great Northwest. More info: 206-328-7715. To order: www.plannedparenthood.org/ppgnw/files/Great-Northwest/PPGNWTalkToMeOrderForm.pdf
- **Teach-a-Body Dolls,** anatomically correct, anatomically detailed dolls. Playpeople anatomically correct dolls are used in therapy, sexual abuse work, courtroom testimony, sex education, and for people with disabilities. Complete set \$370. 1-888-228-1314; www.teach-a-bodies.com/

This Appendix was most recently updated March, 2012.